Red Cross – First Aid – Stroke

After checking the scene and the injured or ill person:

1. **Think F. A. S. T.**
   - **Face** - Ask the person to smile. Does one side of face drop?
   - **Arm** - Ask the person to raise both arms. Does one arm drift downward?
   - **Speech** - Ask the person to repeat a simple sentence (such as, “The sky is blue.”) Is the speech slurred? Can the person repeat the sentence correctly?
   - **Time** - **Call 9-1-1** immediately if you see any signals of a stroke. Try to determine the time when signals first appeared. Note the time of onset of signals and report it to the call taker or EMS personnel when they arrive.

2. **Provide Care**
   - Give care based on the conditions found.